








# MENU

## TOASTS\*


- Avocado, cherry tomatoes and sprouts** 6,00 €
- Scrambled**  7,50 €  
Avocado, organic eggs, sprouts, arugula
- Tuna**  7,50 €  
Avocado, sun-dried tomato, pickled onion, baby spinach
- Feta cheese**  6,90 €  
Avocado, cherry tomatoes and sprouts
- Salmon with poached egg**   8,90 €  
Smoked salmon, avocado, organic egg, sprouts, arugula
- Mushrooms and hummus with poached egg** 8,50 €

\*  
Lactose-free or vegan breads





## BAGELS

-  **Homemade Nutella or pistachio cream**   5,50 €
- Scrambled**  6,00 €  
Organic eggs, avocados
- Salmon**  6,90 €  
Lactose-free cream cheese, avocado, salmon, arugula











## TORTILLA

- French omelette**  7,50 €  
Organic eggs, lactose-free cheese, with toast (mushrooms + €1.00)






## VARIOUS SPREADS

-  **Homemade classic hummus**  6,00 €  
Accompanied with bread, celery and carrot
-  **Homemade red pepper hummus**  6,00 €  
Accompanied with bread, celery and carrot





## WRAPS

- Chicken Salad\***    8,90 €  
\*chicken, celery, Greek yogurt, walnuts, apple, onion
-  **Sautéed mushrooms with**   8,90 €  
With caramelized onion and homemade hummus
-  **Vegan Chicken**    8,90 €  
With veganise, avocado, arugula, cheese, lettuce







## PANCAKES

-  **Simple** 8,00 €  
With seasonal fruits and syrup\* to choose from
- \* Sugar-free syrups/creams**  
Chocolate, strawberry, agave, caramel or honey (maple syrup + 0.60€, pistachio cream + 0.65€, pumpkin cream + 0.60)
-  **With homemade nutella**   8,50 €  
Blueberries, banana, agave
-  **Blueberries with coconut yogurt** 8,70 €  
Blueberries, coconut yogurt and honey or agave

## WAFFLES

-  **With seasonal fruits and syrup** 8,90 €  
Sugar-free syrups: Chocolate, strawberry, agave, caramel or honey (maple syrup + €0.60, pistachio cream + €0.70, Nutella + €0.50)
-  **With ice cream and cream\***   9,00 €  
\* sugar-free coconut cream and ice cream

## SAVORY WAFFLES

- ORGANIC egg**  9,50 €  
With caramelized onion, arugula, avocado, sprouts
-  **Vegan burger**  10,50 €  
Avocado, caramelized onion, cheese, basil pesto, veganise (with Beyond meat + €1.00)
-  **Vegan chicken**   9,50 €  
With veganise, celery and avocado, sprouts, arugula



## SALAD BOWLS

**Quinoa with edamame** **10,00 €**  
Sweet corn, avocado, cherry tomatoes, mixed vegetables

**Falafel** **10,90 €**  
Tomato, cabbage, cucumber, avocado, onion, tahini

**Teriyaki Chicken** **11,50 €**  
Rice, avocado, edamame, carrot, pineapple

**Salmon poke bowl** **11,90 €**  
Salmon marinated in soy sauce, rice, edamame, pickled onion, avocado, cucumber, radish, mango

### Additional features

organic egg + €1.20, avocado + €1.00, tuna + €1.50, salmon + €3.00, vegan chicken + €3.00, tofu + €1.50

### Homemade sauces

Tahin / Peanut / Vinaigrette



## CREAMS / SOUPS

**Cream of vegetables / gazpacho** **5,80 €**



## HAMBURGERS

**Beyond Burger** **12,50 €**  
With sweet potato, caramelized onion, cheese, basil pesto and homemade veganaise, salad

**Vegan burger** **12,00 €**  
With potato, caramelized onion, cheese, basil pesto and homemade vegan (with beyond burger +1.00€)



## SMOOTHIE BOWLS\*

**Açaí bowl** **7,70 €**  
BIO Açaí pulp, red fruits and banana with vegetable milk\*\*

**Protein yogurt bowl** **7,50 €**  
Coconut yogurt, vegetable protein, banana and blueberries with vegetable milk\*\*

**Blue bowl** **7,50 €**  
Blue spirulina, frozen banana and pineapple with coconut yogurt

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Toppings: homemade granola (with and without nuts), chia seeds, sunflower, pumpkin, banana, seasonal fruit and coconut chips



## SMOOTHIE

**Vitamin** **6,00 €**  
Pineapple, apple, kiwi, orange juice

**Detox** **6,00 €**  
Ginger, apple, spinach, celery, lemon, orange juice

**Green** **6,00 €**  
Banana, celery, pineapple, apple, green spirulina and orange juice



## SWEETS

**Cakes, biscuits, cookies, etc.**

Everything can be found in our display case





## SPECIALTY COFFEE

Espresso	1,60 €
double espresso	1,90 €
chopped up	1,90 €
Coffee with milk	2,50 €
American	2,20 €
Flat White	2,90 €
Cappuccino	3,20 €
Latte macchiato	3,40 €
Mochaccino	3,50 €
Dirty chai	3,90 €
Pumpkin Spice Latte	3,90 €
Pistachio latte 🍷 🥜	3,90 €

Sugar-free vanilla syrup, pistachio cream, milk, coffee

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Extra coffee +1.00€ / extra milk for americano +0.30€,  
glass of ice +0.20€



## COLD COFFE

American Spritzer	4,00 €
Orange juice, ice, coffee	
Iced latte	3,50 €
Iced vanilla or caramel latte	3,80 €
Chocolate Frappe	4,50 €
Coffee, ice, milk, chocolate, whipped cream	
Iced dirty chai	4,00 €

### Milks

Cow's milk - lactose-free - soy - oat or almond +0.50€,  
coconut +0.70€



## BIO TEAS AND INFUSIONS

Chai Latte	3,50 €
Ice chai latte	3,80 €
Matcha Latte	3,50 €
Ice matcha latte	3,80 €



## TEAS

Green tea - black - chamomile - ginger and lemon - rooibos	2,50 €
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## NATURAL JUICES

Orange juice	3,80 €
Carrot juice	4,00 €
Granny apple juice	4,50 €
Orange and carrot juice	4,00 €
Pineapple juice	4,80 €



## SOFT DRINKS

Mineral water with or without gas	2,50 €
Friz Cola without sugar	2,90 €
Kombucha	3,80 €
Orange and matcha	4,00 €



## MILKSHAKE

🌱 Acai 🥜	6,50 €
BIO Açaí pulp, red fruits and banana with vegetable milk**	
🌱 Protein 🥜	6,00 €
Vegetable protein with strawberry or blueberries	
🌱 Chocolate 🥜	6,50 €
Banana, cocoa, syrup, pieces of chocolate with vegetable milk (chocolate ice cream +1.5€)	



## ALCOHOL

Verdejo white wine	3,70 €
Organic red wine	3,90 €
33cl bottle beer (only with food)	3,00 €

