

MENU



TOAST

Avocado 7,00 €
Cherry tomatoes, sprouts, arugula and seeds

Feta cheese 7,50 €
Avocado, cheese, cherry tomatoes, sprouts, arugula

Mushrooms and hummus 7,50 €
Arugula seeds

Scrambled 8,50 €
Avocado, scrambled eggs, sprouts, arugula, cherry tomatoes, seeds

Tuna 8,50 €
Avocado, sun-dried tomato, pickled onion, spinach, seeds, vinegar cream

Salmon with poached egg 9,00 €
Smoked salmon, avocado, free-range egg, sprouts, arugula, seeds

Burrata with pesto 9,00 €
Burrata cheese, basil sauce, confit cherry tomatoes, spinach, vinegar

Add
Free-range egg + €1.50 | Lactose-free hollandaise sauce + €1.50 | Homemade hummus + €1.50



BAGELS

Scrambled 6,80 €
Free-range egg, avocados, arugula

Salmon 7,50 €
Lactose-free cream cheese, avocado, salmon, arugula (with poached/fried/scrambled egg + €1.50)



EGGS

Omelette 7,80 €
Free-range eggs, milk and lactose-free cheese, with half a slice of toast and salad

Add
Mushrooms + €1.00 | Avocado + €1.50 | Salmon + €2.50

Turkish eggs 8,00 €
Poached free-range eggs, Greek yogurt, toast



HOMEMADE VEGGIE WRAPS

Chicken salad* 10,50 €
*chicken, celery, Greek yogurt, walnuts, apple, onion

Vegan Chicken 10,00 €
With veganise, avocado, arugula, cheese, lettuce

Doner 10,50 €
Chicken, lettuce, tomato, onion, yogurt sauce



VEGAN PANCAKES

Simple 8,50 €
3 tortillas with seasonal fruits and syrup* to choose from

*** Sugar-free syrups and extras**
Chocolate, strawberry, agave, caramel or honey (maple syrup +€1.50, peanut butter +€1.50)

Pistachio 9,00 €
3 tortillas with homemade sugar-free pistachio cream, raspberries, blueberries and pistachio pieces, agave

Nutella 9,00 €
3 tortillas with homemade sugar-free Nutella, seasonal fruit, and homemade granola

Blueberries with coconut yogurt 9,00 €
3 panckakes with blueberries, coconut yogurt and honey or agave, walnuts

Add
Vegan whipped cream +€1.50
/ 2 scoops of sugar-free or vegan ice cream + €3.00



SWEET VEGGIE WAFFLES

With seasonal fruits and syrup 8,50 €
Sugar-free syrups: Chocolate, strawberry, agave, caramel or honey (Maple syrup + €1.00, Pistachio cream + €1.00, Homemade Nutella + €1.00)

With ice cream and whipped cream 9,80 €
2 scoops of sugar-free or vegan ice cream, seasonal fruit, homemade sugar-free vegan cream, agave



SAVORY VEGGIE WAFFLES

Waffles with poached eggs 11,00 €
2 free-range eggs, caramelized onion, salad, avocado, lactose-free hollandaise sauce

Vegan chicken waffles 10,50 €
With vegan mayonnaise, celery and avocado, sprouts, arugula





Starting at 12:30



SALAD BOWLS

Vitamin Salad 9,80 €

Spinach, dried cranberries, walnuts, apple, feta or vegan cheese, strawberry or raspberry, balsamic cream

-  **Quinoa with edamame**  10,50 €
Sweet corn, avocado, cherry tomatoes, mixed vegetables

Teriyaki Chicken 12,00 €

Rice, avocado, edamame, carrot, pineapple

Salmon poke bowl 12,00 €

Salmon marinated in soy sauce, rice, edamame, pickled onion, avocado, cucumber, radish, mango

Extras

Egg + €1.50, avocado + €1.50, tuna + €1.50, salmon + €2.50, vegan chicken + €3.00, tofu + €1.50

Homemade sauces



Tahin / Peanut / Vinaigrette





HAMBURGERS

Chicken burger 12,50 €

With tomato, lettuce, honey and mustard sauce, accompanied by sweet potato

-  **Vegan burger**  12,50 €
Caramelized onion, cheese, pesto and homemade vegan mayonnaise served with sweet potato

-  **Beyond Burger**  13,50 €
Caramelized onion, cheese, pesto and homemade vegan mayonnaise served with sweet potato



MONDAY TO FRIDAY


Marinated chicken 12,90 €




Served with rice or quinoa, mixed salad



SMOOTHIE BOWLS*

-  **Açaí bowl**  8,00 €
BIO Açaí pulp, red fruits and banana with vegetable milk**

-  **Protein yogurt bowl**  8,00 €
Coconut yogurt, vegetable protein, banana and blueberries with vegetable milk**

-  **Cafe bowl**   8,00 €
Frozen banana, peanut butter, shot of coffee, plant-based milk, homemade granola, coconut chips, nuts

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Toppings: homemade granola, sunflower and pumpkin seeds, seasonal fruit and coconut chips



-  **Coconut yogurt**  5,00 €
Homemade granola, seasonal fruits, agave



-  **Chia pudding**  5,00 €
Homemade granola, seasonal fruits, agave



SMOOTHIE

-  **Vitamin** 6,00 €
Pineapple, apple, kiwi, orange juice

-  **Detox**  6,00 €
Ginger, apple, spinach, celery, lemon, orange juice


-  **Green**  6,50 €
Banana, celery, pineapple, apple, green spirulina and orange juice



SWEETS

Cakes, biscuits, cookies, etc.  

Everything can be found in our display case

Ice cream with fruit, syrup and cream  7,00 €

3 bowls of sugar-free ice cream (chocolate or vanilla) or vegan vanilla ice cream, homemade vegan sugar-free cream, fruit and syrup



SPECIALTY COFFEE

Espresso	1,80 €
Double espresso	2,20 €
Macchiato	2,00 €
Coffee with milk	2,60 €
Americano	2,40 €
Flat White	3,00 €
Cappuccino or Latte 300 ml	3,30 €
Latte macchiato	3,50 €
Mochaccino	3,60 €
Dirty chai	3,60 €
Pistachio latte 🌱 🥜	4,50 €

Sugar-free vanilla syrup, pistachio cream, milk, coffee, vegan whipped cream

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Extra coffee +1.00€ / extra milk for americano +0.30€, glass of ice +0.20€



COLD COFFE

Affogato	4,50 €
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Sugar-free vanilla ice cream with double espresso

Iced latte	3,50 €
Iced vanilla or caramel latte	3,90 €
Chocolate Frappe	4,50 €

Coffee, ice, milk, chocolate, whipped cream

Iced dirty chai	3,90 €
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Milk	
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Cow's milk - lactose-free - soy - (oat or almond +€0.50, coconut +€0.70)



BIO TEAS AND INFUSIONS

Chai Latte	3,50 €
Matcha Latte	3,50 €
Iced chai latte	3,80 €
Ice matcha latte	3,80 €
Iced strawberry matcha	4,50 €

With plant-based milk, sugar-free vanilla syrup

Turmeric Latte with vegetable milk	3,60 €
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TEAS

Green tea - black - chamomile - ginger and lemon - rooibos	2,70 €
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NATURAL JUICES

Orange juice	3,90 €
Carrot juice	4,50 €
Granny apple juice	4,50 €
Orange and carrot juice	4,50 €



SOFT DRINKS

Mineral water with or without gas	2,50 €
Friz Cola without sugar	2,90 €
Kombucha	3,80 €
Orange and matcha	4,50 €
Tropical Natural Lemonade	4,50 €

Passion fruit pulp or mango or blackberry with soda



MILKSHAKE

🌱 Acai 🥜	6,50 €
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BIO Açaí pulp, red fruits and banana with vegetable milk**

🌱 Protein 🥜	6,00 €
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Plant protein with blueberries

🌱 Piña colada	6,90 €
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Pineapple, coconut milk and yogurt, vanilla, ice

🌱 Spirulina blue	6,50 €
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Frozen banana and pineapple, plant-based milk, blue spirulina



ALCOHOL

Verdejo white wine	3,70 €
Organic red wine	3,90 €
Gluten-free beer 33cl	3,50 €
Aperol Spriz	10,00 €

