



MENU



TOAST

Avocado 7,50 €

Cherry tomatoes, sprouts, arugula and seeds

Feta cheese 7,90 €

Avocado, cheese, cherry tomatoes, sprouts, arugula

Mushrooms and hummus 7,80 €

Arugula seeds

Scrambled 8,50 €

Avocado, scrambled eggs, sprouts, arugula, cherry tomatoes, seeds

Tuna 8,70 €

Avocado, sun-dried tomato, pickled onion, spinach, seeds, vinegar cream

Salmon with Poached Egg 9,50 €

Smoked salmon, lactose-free cheese, avocado, free-range egg, sprouts, arugula, seeds

Burrata with pesto 9,50 €

Burrata cheese, basil sauce, confit cherry tomatoes, spinach, vinegar

Add

Free-range egg + €1.50 | Lactose-free hollandaise sauce + €1.50 | Homemade hummus + €1.50



BAGELS

Scrambled 7,00 €

Free-range egg, avocados, arugula

Salmon 7,80 €

Lactose-free cream cheese, avocado, salmon, arugula (with poached/fried/scrambled egg + €1.50)



EGGS

Omelette 8,00 €

Free-range eggs, milk and lactose-free cheese, with half a slice of toast and salad

Add

Mushrooms + €1.00 | Avocado + €1.50 | Salmon + €2.50

Turkish eggs 8,50 €

Poached free-range eggs, Greek yogurt, toast



HOMEMADE VEGGIE WRAPS

Chicken salad* 11,00 €

*chicken, celery, Greek yogurt, walnuts, apple, onion

Vegan Chicken 11,00 €

With veganise, avocado, arugula, cheese, lettuce

Doner 11,50 €

Chicken, lettuce, tomato, onion, yogurt sauce



VEGAN PANCAKES

Simple 8,50 €

3 tortillas with seasonal fruits and syrup* to choose from

* Sugar-free syrups and extras

Chocolate, strawberry, agave, caramel or honey (maple syrup +€1.50, peanut butter +€1.50)

Pistachio 9,50 €

3 tortillas with homemade sugar-free pistachio cream, raspberries, blueberries and pistachio pieces, agave

Nutella 9,50 €

3 tortillas with homemade sugar-free Nutella, seasonal fruit, and homemade granola

Blueberries with coconut yogurt 9,50 €

3 pancakes with blueberries, coconut yogurt and honey or agave, walnuts



SWEET VEGGIE WAFFLES

With seasonal fruits and syrup 8,50 €

Sugar-free syrups: Chocolate, strawberry, agave, caramel or honey (Maple syrup + €1.00, Pistachio cream + €1.00, Homemade Nutella + €1.00)

With ice cream and whipped cream 9,80 €

2 scoops of sugar-free or vegan ice cream, seasonal fruit, homemade sugar-free vegan cream, agave



SAVORY VEGGIE WAFFLES

Waffles with poached eggs 12,00 €

2 free-range eggs, caramelized onion, salad, avocado, lactose-free hollandaise sauce

Vegan chicken waffles 11,50 €

With vegan mayonnaise, celery and avocado, sprouts, arugula

Savory Waffle with Chicken Salad 10,00 €

Savory waffle with chicken salad, seeds, and sprouts



Starting at 12:30



SALAD BOWLS

Vitamin Salad 10,50 €

Spinach, dried cranberries, walnuts, apple, feta or vegan cheese, strawberry or raspberry, balsamic cream

Quinoa with edamame 11,50 €

Sweet corn, avocado, cherry tomatoes, mixed vegetables

Teriyaki Chicken 13,00 €

Rice, avocado, edamame, carrot, pineapple

Salmon poke bowl 13,00 €

Salmon marinated in soy sauce, rice, edamame, pickled onion, avocado, cucumber, radish, mango

Extras

Egg + €1.50, avocado + €1.50, tuna + €1.50, salmon + €2.50, vegan chicken + €3.00, tofu + €1.50

Homemade sauces

Tahin / Peanut / Vinaigrette



HAMBURGERS

Chicken burger 12,80 €

With tomato, lettuce, honey and mustard sauce, accompanied by sweet potato

Vegan burger 12,80 €

Caramelized onion, cheese, pesto and homemade vegan mayonnaise served with sweet potato

Beyond Burger 13,50 €

Caramelized onion, cheese, pesto and homemade vegan mayonnaise served with sweet potato

MONDAY TO FRIDAY

Marinated Chicken 13,00 €

Served with rice or quinoa, mixed salad with avocado



SMOOTHIE BOWLS*

Açaí bowl 8,50 €

BIO Açaí pulp, red fruits and banana with vegetable milk**

Protein yogurt bowl 8,00 €

Coconut yogurt, vegetable protein, banana and blueberries with vegetable milk**

Coffee Bowl 8,50 €

Frozen banana, peanut butter, coffee charge, plant-based milk, homemade granola, walnuts, chocolate



Toppings: homemade granola, sunflower and pumpkin seeds, seasonal fruit and coconut chips

Coconut yogurt 5,80 €

Homemade granola, seasonal fruits, agave

Chia pudding 6,00 €

Homemade granola, seasonal fruits, agave



SMOOTHIE

Vitamin 6,50 €

Pineapple, apple, kiwi, orange juice

Detox 6,50 €

Ginger, apple, spinach, celery, lemon, orange juice

Green 6,80 €

Banana, celery, pineapple, apple, green spirulina and orange juice



SWEETS

Cakes, biscuits, cookies, etc.

Everything can be found in our display case

Ice cream with fruit, syrup and cream

7,80 €

3 bowls of sugar-free ice cream (chocolate or vanilla) or vegan vanilla ice cream, homemade vegan sugar-free cream, fruit and syrup



SPECIALTY COFFEE

Espresso	2,00 €
Double espresso	2,40 €
Macchiato	2,20 €
Coffee with milk	2,70 €
Americano	2,50 €
Flat White	3,30 €
Cappuccino / Latte 300 ml	3,50 €
Latte macchiato	3,50 €
Mochaccino	3,80 €
Dirty chai	3,80 €
Pistachio latte 🌿 🥛	4,80 €
Sugar-free vanilla syrup, pistachio cream, milk, coffee, vegan whipped cream	

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Extra coffee +1.00€ / extra milk for americano +0.30€, glass of ice +0.20€



COLD COFFE

Affogato	4,80 €
Sugar-free vanilla ice cream with double espresso	
Iced latte	3,90 €
Iced vanilla or caramel latte*	4,30 €
Sugar-Free Vanilla and Caramel Syrup	
Chocolate Frappe	4,80 €
Coffee, ice, milk, chocolate, whipped cream	
Iced dirty chai	4,00 €

Milk

Cow's milk - lactose-free - soy - (oat or almond +€0.50, coconut +€0.70)



INFUSIONS

Chai Latte	3,50 €
Matcha Latte	3,80 €
Iced chai latte	3,90 €
Ice matcha latte	4,20 €
Iced strawberry matcha	4,80 €
With plant-based milk, sugar-free vanilla syrup, fresh strawberry and syrup	
Turmeric Latte with vegetable milk	3,60 €



ORGANIC TEAS

Green tea - black - chamomile - ginger and lemon - rooibos	2,80 €
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FRESH JUICES 300 ML

Orange juice	4,00 €
Carrot juice	4,70 €
Granny apple juice	4,80 €
Orange and carrot juice	4,70 €



SOFT DRINKS

Mineral water with or without gas	2,70 €
Friz Cola without sugar	3,00 €
Kombucha	4,20 €
Orange and matcha	4,50 €
Tropical Natural Lemonade	4,50 €
Passion fruit pulp or mango or blackberry with soda	



MILKSHAKE

🌿 Acai 🥛	6,90 €
BIO Açaí pulp, red fruits and banana with vegetable milk**	
🌿 Protein 🥛	6,50 €
Plant protein with blueberries	
🌿 Piña colada	7,00 €
Pineapple, coconut milk and yogurt, vanilla, ice	
🌿 Spirulina blue	6,50 €
Frozen banana and pineapple, plant-based milk, blue spirulina	



ALCOHOL

Verdejo white wine	3,90 €
Organic red wine	3,90 €
Gluten-free beer 33cl	3,70 €
Aperol Spriz	10,00 €

